



ADOLESCON-24

2024 October
Sunday

6th

MES Medical College,
Perinthalmanna



Organised by _____

IAP Kerala | AHA Kerala | IAP Malappuram
Department of Pediatrics MES Medical College,
Perinthalmanna

Dear Doctor Colleagues

Greetings from IAP Malappuram,

We are privileged to host the Annual State Conference of Adolescent Health Chapter IAP Kerala on **6th October 2024 at MES Medical College Perinthalmanna**. We cordially invite everyone to the academics extravaganza.

We have arranged an academic extravaganza with expert speakers from the state to update and refresh your knowledge.

The academics comprises of panel discussions, Dialogues, Lectures, Debates etc...

Please accept our invitation to be part of the conference, to learn, interact and share.

ORGANISING COMMITTEE

Dr. Fysal N
Organising Chaiman

Dr. Ashwi
Organising Secretary

Dr. Shibu K
Organising Secretary

Dr. Jassim Muhammad
Organising Treasurer

Dr. Dipu
IAP Malappuram President

Dr. Shafeed P
IAP Malappuram Secretary

Dr Muhammad Shareef P P
IAP Malappuram Treasurer



PROGRAMME LIST

- 08.30am to 09.00am : Registration
- 09.00am to 09.20am : "School struggles: Tackling Adolescent Issues Impacting School Performance"-
Dr. Newton Louis , Thrissur
- 09.20am to 09.40am : "Sports: The Power Play for Adolescent Well-Being"
Dr. Deepa Janardhanan, Cochin.
- 09.40am to 10.00am : "Exploring Adolescent Sexuality: Insights and Approaches"-
Dr. Lakshmi Shanthi, Coimbatore
- 10.00am to 10.30am : Inauguration
- 10.30am to 10.50am : "India's Youth in Focus: Government Initiatives for Adolescents"-
Dr. Amar Fertil, Thiruvananthapuram
- 10.50am to 11.10am : "Teen Beauty Trends: Navigating Cosmetic and Aesthetic Challenges"
Dr. Smitha Murali, Thrissur
- 11.10am to 12.00pm : Dr. MKC Nair Oration-"Unique Journeys: Addressing Challenges in Differently-abled Adolescents"
Dr. Asharaf. T. P, Kozhikode
- 12.00pm to 12.40pm : Panel discussion- Psychosocial issues in Adolescence-"Brain, Behaviour and the Adolescent Moderator:
Dr . Krishnakumar, Kozhikode,
Panelists - **Dr T P Jayaraman, Palakkad, Dr. Ashokkumar, Cochin**
Dr .Suja Mathew, Psychologist, Mr. Shyjal, District Judge,POCSO
- 12.40pm to 1.00pm : "Digital Media and Adolescent Health: Finding the Balance"
Dr. Ranjith. P , Kozhikode
- 1.00pm to 1.30 pm : Lunch
- 1.30pm to 1.50 pm : "Future-Proofing Our Youth: Tackling NCDs in Adolescents"
Dr. Vidhu Ashok, Kozhikode
- 1.50pm to 2.40 pm : - Panel discussion -" From Teen to Twenties: Guiding the path to Adulthood Moderator
Dr Shaji Thomas John, Kozhikode
Panelists - **Dr. Ajithkumar VT, Kozhikode Dr. Mohandas Nair, Kozhikode,**
Dr. Rajesh TV, Kozhikode, Dr. Lathika Nair, Thrissur
- 2.40pm to 3.00pm : "Teen Talk: Effective Counseling Strategies for Adolescents"
Dr Shibu kizhakkathra, Manjeri

Dr. Shimmy Paulose
President IAP Kerala

Dr. Krishna Mohan
Secretary IAP Kerala

Dr. Ranjith P
President Adolescent Health Chapter

Dr. Vidhu Ashok
Secretary Adolescent Health Chapter

Patrons

Dr. PA Fazal Gafoor
Dr. K K Joshi
Dr. MPK Menon

Dr. Venugopal
Dr. Parameswaran
Dr. Jose Antony

Dr. Jaleel
Dr. Purushothaman
Dr. Samuel Koshy

Scientific Committee

Dr. T P Ashraf

Dr. Shibu K

Dr. Santhosh

Dr. Aslam



Tariff	Till Aug 31st	September 1 to October 5	Spot Registration
IAP Members	1250	1500	2000
Non IAP Members	1500	2000	2500
PG Student	750	1000	1250
>70 Years	Free	Free	1000
Nursing Faculty		750	
Nursing Students		500	

For payment details contact
Dr Jassim Muhammad : +91 8943 820 260



Account Number : 4338002100013500
Account Name : Indian Academy of Pediatrics Malappuram
IFSC : PUNB0433800
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