

MALAPPURAM  
ORTHOPAEDICS SOCIETY

*invites you to*

# BASIC CME OF KOA

**DECODING SUCCESS IN TOTAL  
KNEE ARTHROPLASTY**

Theme: Let's Clear the Doubts

IN ASSOCIATION WITH DEPARTMENT OF ORTHOPAEDIC MES MEDICAL COLLEGE

## HIGHLIGHTS

- Master Classes
- Relive Surgeries
- Panel Discussions
- Bone Model Workshop



22<sup>nd</sup> June 2025



MES Medical College, Perinthalmanna

Meril

More to Life

You are cordially invited to “Decoding Success in Total Knee Arthroplasty” on Sunday, June 22, 2025, at IMA House, Perinthalmanna. With the theme “Let’s Clear the Doubts”, this full-day academic event brings together leading orthopedic minds to explore the intricacies of Total Knee Arthroplasty (TKA) through 8 expert-led master classes, live relive surgeries, panel discussions, and keynote sessions. Topics range from patient selection, implant choices, and surgical approaches to balancing techniques, patellar management, robotics, CPAK classification, and strategies to avoid complications. Set in Perinthalmanna—famously known as the hospital city of Kerala for its world-class medical institutions and warm hospitality—this event promises both clinical insight and a rich cultural experience. Whether you’re a practicing orthopedic surgeon, fellow, or resident, this is your chance to engage with the latest in TKA and refine your surgical strategies. Breakfast with live surgery starts at 8:45AM, followed by sessions throughout the day. Don’t miss this unique opportunity to learn, interact, and advance your practice in one of Kerala’s most respected medical hubs. Register now and be a part of this transformative learning experience.



Organising Chairman & KOA Treasurer  
**Dr. Reas Ali Aryadan**



Organising Secretary  
**Dr. Fajish Farook**

### KOA



President  
**Dr. Sreenath K. R.**



President Elect  
**Dr. Subin Sugath**

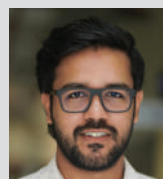


Secretary  
**Dr. Ansu Anand**

### MOS



President  
**Dr. Jitesh P.**



Secretary  
**Dr. Asgar Ali Usman**

### SCIENTIFIC COMMITTEE



**Dr. Faizal Kareem**



**Dr. Shanavas K. P.**



**Dr. Yathish Kumar G. M.**

# PROGRAM SCHEDULE

8:00 - 8:30am	Registration
8.30 - 8.45am	Breakfast with Relive Surgery

TIME	TOPIC	SPEAKER
8:45 - 9:00am	PS Primary TKA	Dr. Gijo A. J.
9:00 - 9:15am	Robotic Assisted TKR: Execute Before Surgery	Dr. Mohammed Hasil M.

## Master Class I: Optimizing Patient Selection & Preparation for TKA

9:15 - 9:25am	Keynote 1: Preoperative Workup – How I Plan My Knees?	Dr. Manuel Joseph
9:25 - 9:32am	Patient Selection – Which Patients Are Happy After TKR?	Dr. Sameerali Paravath
9:32 - 9:39am	My Experience - My Arthroplasty Patient on Medications – What's the Standard Practice?	Dr. Sujay Nathan
9:39 – 9:49am	Discussion / Transition	
9:49 - 10:10am	Panel Discussion	
9:55 - 10:15am	Panel Discussion – Nuances Untied Panelists: Dr. Rex, Dr. Ravikumar Mukartihal, Dr. Mohan Kumar EG, Dr. Sameerali Paravath, Dr. Raju Karuppall, Dr. Sujay Nathan	Moderator: Dr. Bipin Theruvil

10:10 - 10:30am Tea Break & Inauguration

## Master Class II: Precision in Technique & Implant Selection for TKA

10:30 - 10:40am	Keynote 2: How Implant Design Evolved Based on Knee Biomechanics	Dr. Rajendiran
10:40 - 10:47am	Bearing Choice – CR, PS, or MP?	Dr. Tajan P. J.
10:47 - 10:52am	Uncemented TKR – Is It the Future?	Dr. Shreeshob
10:52 - 10:59am	Medial Pivot TKA – Does It Replicate Native Kinematics?	Dr. Rajanish R.
10:59 - 11:09am	Robotics – Hope or Hype? + Influence on My Conventional TKA	Dr. Murukan Babu
11:09 - 11:16am	Application of AR in TKA – My Experience	Dr. Sankar Ram
11:16 - 11:23am	Stemmed Prosthesis in Primary TKA – My Indications	Dr. Antony Joseph Thoppil
11:23 - 11:33	Discussion / Transition	

## Master Class III: The Art of Knee Surgical Approaches

11:33 - 11:39am	Medial Parapatellar Approach	Dr. Kurian Alappatt
11:39 - 11:45am	Midvastus Approach – How I Do It?	Dr. Sreehari C. K.
11:45 - 11:51am	Exposure in Obese Patients – Tips	Dr. C. Rex
11:51 - 11:59am	Discussion / Transition	

TIME	TOPIC	SPEAKER
<b>Master Class IV: Fine-Tuning Knee Balance</b>		
11:59 - 12:09pm	Keynote 3: Measured Resection vs Gap Balancing	Dr. Prince Shanavas Khan
12:09 - 12:16pm	Tibial Resection – Getting It Right	Dr. Mathew K. M. Puthiyadom
12:16 - 12:23pm	Distal Femoral Resection – Pitfalls	Dr. Murali Krishnan N.
<b>Relive Surgeries</b>		
12:23 - 12:30pm	Soft Tissue Balancing in Varus Knees – My Sequence	Dr. Sudheer U.
12:30 - 12:37pm	Soft Tissue Balancing in Valgus Knees – My Sequence	Dr. Moidu Shameer K. P.
12:37 - 12:44pm	Tibial and Femoral Sizing – Matching Tips	Dr. Unnikrishnan
12:44 - 12:51pm	Femoral & Tibial Component Rotation – Avoiding Malrotation	Dr. Sankar Ram
12:51 - 1:00pm	Discussion / Transition	
1:00 - 1:20pm	Lunch Break	
<b>Master Class V: Managing Patellar Issues in Primary TKA</b>		
1:20 - 1:27pm	Patella – Resurface or Not?	Dr. Rajesh Purushothaman
1:27 - 1:34pm	Denervation vs Facetectomy vs Patelloplasty	Dr. Rajendiran
1:34 - 1:41pm	Patellar Maltracking – How I Optimise?	Dr. Aneen Nambikutty
1:41 - 1:49pm	Discussion / Transition	
<b>Master Class VI: Strategies for Avoiding Complications in TKA</b>		
1:49 - 1:59pm	Keynote 4: Prevention of PJI – My Protocol	Dr. Mohan Kumar E. G.
<b>Relive Surgeries</b>		
2:05 - 2:11pm	Periprosthetic Fractures – Femoral/Tibial/Patella	Dr. Arun Akas
2:11 - 2:21pm	Discussion / Transition	
2:21 - 2:45pm	Panel Discussion - Panelists: Dr. Rajendiran, Dr. Sankar Ram, Dr. Aneen Nambikutty, Dr. Prince Shanavas Khan	Moderator Dr. Sameerali Paravath
<b>Master Class VII: Expert Approaches to Complex Primary TKA</b>		
2:45 – 2:55pm	Keynote 5: Identifying Complex Knees, Planning & Options	Dr. P. Gopinathan
2:55 – 3:02pm	Post-HTO Surgery – My Approach	Dr. P. Gopinathan
3:02 – 3:09pm	Extraarticular Deformity – No Robot?	Dr. Praveen Kumar
3:09 – 3:16pm	Varus with Severe FFD – How I Get to Zero	Dr. John T. John
3:16 – 3:23pm	Global Instability – How I Stabilize	Dr. C. Rex
3:23 – 3:30pm	Osteoporotic Knee – My Protocol	Dr. Vinod Padmanabhan
3:30 – 3:40pm	Discussion / Transition	

TIME	TOPIC	SPEAKER
3:40 – 4:00pm	Panel Discussion - Panelists: Dr. P. Gopinathan Dr. John T John Dr. Vinod Padmanabhan Dr. Jiss Joseph Panakkal Dr. Rajesh Purushothaman	Moderator: Dr. Shanavas K. P.

### Master Class VIII: Unlocking the Secrets of TKA Alignment

4.00 - 4.10pm	Keynote 6: Alignment Philosophy – Where We Stand in 2025?	Dr. Mohammed Hasil M.
4.10 - 4.17pm	Final Discussion / Wrap-Up	
4.17 - 4.30pm	Valedictory Function	

## ORGANISING COMMITTEE

### Patrons

Dr. V. U. Sreethi  
Dr. E. G. Mohankumar  
Dr. C. M. Kumaran  
Dr. Manuel V. Joseph

### Travel & Accomodation Committee

Dr. Aswinlal K. S.  
Dr. Vishnu Unnikrishnan

### Food & Banquet Committee

Dr. Jasim Abdulla  
Dr. Anoop C.

### Trade Committee

Dr. T. M. Mubarak  
Dr. T. Mohammed  
Dr. Abdul Azeez

### Reception & Registration Committee

Dr. Muhammed Nooruddeen A.  
Dr. Shahid Pathoor  
Dr. Sajil Krishna

### Venue Committee

Dr. Shabeer Ali  
Dr. Rithuraj C.  
Dr. Yusuf Nasser

### Hall & AV Committee

Dr. Abdul Ashraf V.  
Dr. Jimshad K.

### REGISTRATION FEES

Consultant	₹1500/-
MOS members	₹1000/-
Post graduates	₹500/-



### ACCOUNT DETAILS

Account Name	: MALAPPURAM ORTHOPAEDIC CLUB
Account Number	: 0329073000000639
Address	: THE SOUTH INDIAN BANK PERINTHALMANNA - 679322 MALAPPURAM DIST.
IFSC CODE	: SIBL0000329



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For any queries contact:  
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