

DEPARTMENT OF PSYCHIATRY

MES PSYCON 2025



  **6th July, Sunday 2025**
MES MEDICAL COLLEGE AUDITORIUM



MES

MEDICAL COLLEGE HOSPITAL
PERINTHALMANNA



Greetings from MES Psychiatry

You are invited to an array of scientific deliberations that focus on various dynamics of management, an opportunity to sharpen your knowledge on areas that are often overlooked. Our eminent speakers will navigate you through drug addiction, mood disorders, and hard to crack psychosis. We are happy to enliven your afternoon session with a hands on workshop on transcranial magnetic stimulation as well.

With warm regards,
Dr. Ajitha C.
Professor & HOD
Department of Psychiatry
MES MCH

CHIEF PATRON

Dr. P.A. FAZAL GHAFOOR
Director, MES Medical College

PATRONS

Dr. Girish Raj
Dean, MES Medical College

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Associate Dean
MES Medical College

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MES Medical College

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MES Medical College Hospital

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Deputy Medical Superintendent
MES Medical College Hospital

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Dr. Ajitha. C
Professor and HOD of Psychiatry
MES Medical College

Organizing Secretary:
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Dr. Safeera

Reception and registration:

Dr. Aleena
Dr. Varada

Audio visual and venue:

Mr. Suni Muraleedharan
Dr. Akhil



PROGRAMME SCHEDULE

Time	Topic	Speaker	Chairperson
8.30AM	REGISTRATION		
9.30 - 10.15 AM	Deprescribing in Psychiatry	Dr. Dayal Narayan Professor and HOD of Psychiatry Govt. Medical College, Wayanad	Dr. Ashok Kumar Professor of Psychiatry IMHANS, Kozhikode.
10.15 - 11.00 AM	Practical Tips for Effective Use of Clozapine	Dr. Jyothi KS Professor of Psychiatry Govt. Medical College, Thirissur	Dr. A.M.Kunhikoyamu Professor Emeritus Malabar Medical College, Kozhikode
11.00 - 11.30 AM	INAUGURATION CEREMONY		
11.30 - 11.45 AM	Flute recital by Dr.T.M.Raghuram		
11.45 - 12.30 PM	Pharmacotherapy in Behavioural Addictions	Dr. Anil Kakunje Professor and HOD of Psychiatry Yenepoya Medical College, Mangaluru	Dr. Raghuram TM Retd. Professor&HOD of Psychiatry MES Medical College, Perinthalmanna
12.30 - 1.15 PM	Adolescent Substance Abuse: A Conceptual Framework for Management	Dr. Sandeep Alex Associate Professor(CAP) of Psychiatry Govt. Medical College, Kottayam	Dr. Ajitha C Professor&HOD of Psychiatry, MES Medical College, Perinthalmanna
1.15 - 2.00 PM	LUNCH		
2.00 - 4.00 PM	Transcranial Magnetic Stimulation: A Practical Workshop for Clinicians	Dr. Jithin T Joseph MBBS DNB PDF (Neuromodulation) Interventional Psychiatrist Clinical Fellow in Brain stimulation Department of Psychiatry KMC Manipal	Dr. Vidhukumar Professor and HOD of Psychiatry, Govt. TD Medical College Alappuzha
4.00 - 4.30 PM	Valedictory Function		

OUR EMINENT SPEAKERS



Dr. ANIL KAKUNJE
PROFESSOR AND HOD OF PSYCHIATRY
Yenepoya Medical College, Mangalore



Dr. DAYAL NARAYAN
PROFESSOR AND HOD
Govt. Medical College, Wayanad



Dr. JYOTHI KS
PROFESSOR OF PSYCHIATRY
Govt. Medical College, Thirissur



Dr. SANDEEP ALEX
ASSOCIATE PROFESSOR (CAP) OF PSYCHIATRY
Govt. Medical College, Kottayam



Dr. JITHIN T JOSEPH
INTERVENTIONAL PSYCHIATRIST
Clinical Fellow in Brain stimulation
Department of Psychiatry, KMC Manipal



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REGISTRATION FEE DETAILS:-

DELEGATES : RS.500/-
RESIDENTS : RS.250/-
INTERNS : RS.200/-

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For more info:-

Dr. Subin Surendran
8281 917 936

