



DEPARTMENT OF PHARMACOLOGY

NATIONAL CME

**MESPHARMKON 2025**

**DRUG UPDATES**



 **4th October 2025 (Saturday)**  **9:00 AM – 4:30 PM**

 **MES MEDICAL COLLEGE AUDITORIUM**



**MES** | MEDICAL COLLEGE  
PERINTHALMANNA

*Dear All,*

With immense pleasure and honour, Department of Pharmacology, MES Medical College, Perinthalmanna welcomes you all to **MESPHARMKON 2025**, a one-day CME focused on **“Drug Updates – Advancing Knowledge, Enhancing Practice”**

### **ABOUT THE CME**

MESPHARMKON 2025 – Drug Updates CME program is dedicated to exploring the latest drug innovations and recent therapeutic strategies in the management of:

-  Demyelinating Disorders
-  Obesity
-  Osteoporosis
-  Rheumatoid Arthritis

This academic event brings together clinicians, researchers, and pharmacology experts to provide comprehensive updates on recently approved drugs, novel treatment mechanisms, and evolving clinical guidelines in these high-impact areas of medicine.

A special focus will be dedicated to yet another interesting area: Basics to recent advances in pharmacotherapy.

### **TARGET AUDIENCE**

Medical faculty, postgraduate students, interns, clinical pharmacologists, practicing clinicians, and healthcare professionals.

### **HIGHLIGHTS OF THE EVENT:**

- Eminent speakers from academia and industry
- Interactive sessions and discussions
- Opportunity to gain knowledge, engage in discussions, and connect with fellow professionals and students
- Insights into a wide range of career pathways
- Poster presentation showcasing innovative research and student contributions
- KSMC credit hours will be awarded



## CHIEF PATRON

**Dr. P.A. FAZAL GHAFOOR**  
Director, MES Medical College

## PATRONS

- Dr. Girish Raj**  
Dean, MES Medical College
- Dr. Asokan N**  
Associate Dean  
MES Medical College
- Dr. Sheela Sivan**  
Vice Principal  
MES Medical College
- Dr. Muhammed Sajid**  
Medical Superintendent  
MES Medical College Hospital
- Dr. Hameed Fazal**  
Deputy Medical Superintendent  
MES Medical College Hospital

## ORGANIZING COMMITTEE

- Chief Convener:**  
Dr. Thomas Antony Thaniyath  
Professor & HOD
- Organizing Chairperson:**  
Dr. Madeeha Habeebulla  
Associate Professor
- Organizing Secretary:**  
Dr. Jobin Louis  
Associate Professor
- Members:**  
Dr. Ajmal A  
Dr. Aswathi T  
Dr. Megha O Raj  
Dr. Ijasul Haque M  
Dr. Vimal Viswanath  
Dr. Ramsi Nazar  
Dr. Arun M P  
Dr. Nafseen T

## OUR EMINENT SPEAKERS



**Dr. P.A. FAZAL GHAFOOR**  
Director, MES Medical College



**Dr. Adarsh. M. B**  
Assistant professor in  
Rheumatology, GMC Kozhikode



**Dr. Aneesh Basheer**  
Professor of General Medicine,  
SRM Medical College, Chennai



**Dr. Vishnu Vasudevan**  
Consultant Endocrinologist,  
Moulana Hospital, Perinthalmanna



**Dr. Vinu M Jose**  
Vice president,  
Intas Pharmaceuticals

### PROGRAMME SCHEDULE

Time	Topic	Speaker	Chairperson
8:30 - 9:00 AM	<b>REGISTRATION</b>		
9:00 - 9:45 AM	Targeted Synthetic DMARDs	<b>Dr. Adarsh M B</b> Assistant professor in Rheumatology, GMC Kozhikode	<b>Dr. Sabeena K</b> Professor & HOD Pharmacology, GMC Manjeri <b>Dr. K K Purushothaman</b> Professor and Head Pediatrics, MES Medical College
9:45 - 10:30 AM	Recent advances in obesity management	<b>Dr. Aneesh Basheer</b> Professor of General medicine, SRM Medical College, Chennai	<b>Dr. Syam S</b> Professor & HOD Pharmacology, GMC Thiruvananthapuram <b>Dr. Alavi K P</b> Professor General Medicine, MES Medical College
10:30 - 11:00 AM	<b>INAUGURAL FUNCTION</b>		
11:00 - 11:15 AM	<b>TEA BREAK</b>		
11:15AM - 12.00 PM	Updates in Management of CNS Demyelinating Disorders	<b>Dr. P A Fazal Ghafoor</b> Professor & HOD, Dept. of Neurology, MES Medical College, Perinthalmanna	<b>Dr. Sheeba Damodar K P</b> Vice principal Professor & HOD Pharmacology, GMC Kannur <b>Dr. Ahamed Subir H</b> Assistant Professor Neurology, MES Medical College
12:00 - 12:45 PM	Newer biological agents in the management of Osteoporosis	<b>Dr. Vishnu Vasudevan</b> Consultant Endocrinologist, Moulana Hospital, Perinthalmanna	<b>Dr. Sumith K Mathew</b> Professor, Pharmacology Believers Church Medical College Hospital, Thiruvalla <b>Dr. Abdul Asraf</b> Professor & HOD Orthopaedics, MES Medical College
12:45 - 2:00 PM	<b>LUNCH</b>		
2:00 - 2:45 PM	Basics to recent advances in pharmacotherapy	<b>Dr. Vinu M Jose</b> Vice president, Intas Pharmaceuticals	<b>Dr. Thomas A Thaniyath</b> Professor & Head, Pharmacology MES Medical College <b>Dr. R Ratheesh</b> Professor, Pharmacology KMCT Medical College, Mukkam
2:45 - 3:45 PM	<p style="text-align: center;"><b>Panel Discussion:</b></p> <p style="text-align: center;">"Beyond the Label: Exploring the ethical and legal aspects of Off-Label Drug Use"</p> <p><b>Panelists:</b>  <b>Dr. K K Purushothaman</b> (Professor and Head, Pediatrics, MES Medical College)  <b>Dr. K Prasannan</b> (Professor &amp; HOD, Forensic Medicine, MES Medical College)  <b>Dr. R Ratheesh</b> (Professor, Pharmacology, KMCT Medical College)  <b>Dr. Abdul Aslam</b> (Assistant Professor, Pharmacology, GMC Manjeri)  <b>Moderator: Dr. Syam S</b> (Professor &amp; HOD, Pharmacology, GMC Thiruvananthapuram)</p>		
3:45 - 4:15 PM	Careers in the Pharmaceutical Industry: An Interactive Session with Industry Expert. <b>Dr. Aneesh Dhasan</b> , Director Orcigenix Research Private Limited.		
4:15 - 4:30 PM	Valedictory function, prize & certificate distribution Tea		

### POSTER PRESENTATION

Poster presentation on original research works, case report / case series or review.

#### Abstract Guidelines:

**Should be structured** : Background, Objectives, methodology, Results, Conclusion

**Preferred font** : Times New Roman/Arial

**Font Size** : 12/14

Submit your abstract in less than 300 words on or before 15<sup>th</sup> September 2025 to [mespharmkon@gmail.com](mailto:mespharmkon@gmail.com) in word format

**Best three posters will be awarded with cash prizes**

### REGISTRATION DETAILS:-

#### AMOUNT:-

	Faculties/Consultants	Post graduates/interns/ students
Early bird offer (till 15/09/2025)	750	500
From 16/09/2025 to 03/10/2025	1000	750
Spot Registration	1200	

#### PAYMENT DETAILS:-

BANK : SOUTH INDIAN BANK, ANGADIPPURAM BRANCH

ACCOUNT NAME : MES PHARMACOLOGY SOCIETY

ACCOUNT NUMBER : 0537073000000722

IFSC CODE : SIBL0000537

UPID : qr.mesphdpt@sib

#### FOR ENQUIRIES:-

Dr. Jobin Louis : 8943657558

Dr. Megha O Raj : 9400903164

Dr. Ijasul Haque M : 7558082001

#### FOR ACCOMMODATION:-

Dr. Ajmal A : 99618 18190

Dr. Vimal Viswanath : 95671 02122

#### FOR REGISTRATION SCAN ME



#### FOR PAYMENT SCAN ME



## PLACES TO VISIT

